

Desert Sierra Health Network Meeting Minutes
Monday - February 11, 2008, 11:30am-1:30pm
Riverside County Department of Public Health - Sherman Training Center
3900 Sherman Way, Riverside, CA

Packet Handouts:

- February 11, 2008 Meeting Agenda
- November 13, 2007 Meeting Minutes
- Operating Procedures Revised Draft 12/18/07
- Chair & Vice Chair Duties and Responsibilities
- Networking Activity: IOC
- ~DSH Network News!~ Winter 2008
- Save the Date: New Time & New Day! Friday, May 30, 2008, 11:15am-1:30pm
- Meeting & Taste Testing Evaluation Forms

Sign-Up Opportunities:

- DSHN & Committees: DSHN Fact Sheet & Member Application

Additional Member/Presenter/Guest Handouts:

- City of Chino - *Computer & Desk Stretches* and *Healthy Chino Life*, Winter/Spring 2008, Vol 4, Issue 1
- Inland Orange Conservancy - *Save the Orange Groves!* flyer
- State of California - *The Health Care Security & Cost Reduction Act*
- IEHP - *Healthy Kids: Health Care Coverage for Children*
- American Cancer Society - *Cancer Prevention (Study-3)*
- Riverside Community Health Foundation - *Heart Healthy Dinner/Seminar flyer*, *This And That Teen Clinic flyer*, and the *Eastside Health Center & City of Riverside Parks, Recreation, & Community Services Dept. Annual Community Fair & Spring Egg Hunt* letter and registration form

Agenda Item	Discussion	Action
Welcome, Introductions & Ground Rules	Eddie Martinez, Chair, and Sharon Nelson, Vice Chair opened the meeting. Ground rules were displayed and reviewed by Sharon. Attendees were welcomed and round table introductions were made. Bill Prouty introduced Larry Grable from the Governor's Office. Larry briefly explained the Governor's Health Care Reform as a "Guarantee Issue" (every Californian will be able to buy insurance) and reviewed Assembly Bill X1 1, <i>the Health Care Security and Cost Reduction Act: Affordable and Accessible Health Coverage For California</i> . The bill ensures that every Californian has access to health coverage, lowers costs and expands choice, guarantees that everyone can get insurance, puts affordable coverage within everyone's reach, gives working Californians and employers tax breaks, protects patients, providers and the state budget, and promotes prevention, wellness and personal responsibility to keep Californians healthier and costs lower.	❖ See last page for list of 52 attendees ❖ Ground rules will be posted during each DSHN meeting ❖ For more information and input on better improving this health care reform, please call Herb Schultz at cell number (916) 213-0763. To respond by email, visit http://www.ca.gov/ ❖ Larry will provide copy of handout to Pam, who will email to all members
Review & Approve November 13, 2007 Meeting Minutes	Minutes reviewed by members. Motion to approve made by Rodney Taylor and seconded by Sharon Nelson without any changes. All were in favor.	❖ Pam will send approved November minutes to entire DSHN membership

Review & Approve the Revised DSHN Operating Procedures	Melodee Lopez presented and members reviewed the high-lighted draft revisions made to the <i>DSHN Operating Procedures</i> . Bill Prouty motioned to approve the draft and Sharon seconded. Approved by all and no one opposed.	❖ Pam will make the approved revisions and email final copy to entire membership
Review DSHN Nomination Process Hold DSHN Vice-Chair Nomination and Election	Eddie reviewed the nomination process and vice-chair duties and responsibilities. Nominations for vice-chair were open to members. Rodney Taylor nominated Bill Prouty as Vice-Chair. No additional nominations were made. Diane Wayne motioned to approve. Motion was approved by membership to elect Bill Prouty as Vice-Chair.	❖ As the 2008 DSHN vice-chair, Bill Prouty will acknowledge and execute the DSHN vice chair responsibilities listed in the DSHN Operating Procedures
Physical Activity	Physical activity was led by DSHN member, Aileen Orlino, and Dane D'Antuono from the City of Chino. Members stretched in their seats. The handout entitled <i>Computer & Desk Stretches</i> was provided.	❖ For complete article, see <i>Deskercise</i> at http://www.ucop.ed/humres/eap/exercizes.html
Inland Orange Conservancy Presentation (IOC): IOC and the Local Farm Expansion	Melodee introduced DSHN member Bob Knight. Bob stated that he is an advocator for locally grown citrus. He provided a brief background of growing up as a forth generation citrus grower between Yucaipa and Redlands. Bob's Power-Point presentation highlighted three main purposes of IOC: 1. <i>Save the Orange Groves</i> Orchards are expected to disappear by the end of this decade. Now's the time to choose which ones to save before it is too late. IOC makes groves sustainable by connecting local growers to local consumers in its "Share of the Crop" program. 2. <i>Spread the Word</i> Inland history and heritage are founded on the orange. IOC does outreach to educate community on citrus heritage thru programs, tastings, grove walks, and school activities. 3. <i>Feed the Hungry</i> Commercial agriculture is wasteful. In search of Big & Beautiful, huge volumes of delicious food are left to rot. IOC gleans this fruit and gets it to the Inland Empire needy, via its "Thanks a Ton" gleaning program.	❖ Members will continue to network and find ways to help save the citrus groves. ❖ For more information, visit www.inlandorange.org ❖ Attending members received a bag of southern California grown oranges and will share with family and friends
Networking Activity: IOC Activity	Pam led members in the DSHN Networking Activity. Members divided into six groups with goals to identify drop off sites for those in need, identify drop off sites for participates/supporters, to develop action steps on how to get these sites interested in participating and to identify who would help and how.	❖ See attached Feb 2008 IOC Networking Activity RESULTS for details
Member & Guest Announcements for Future Events	Eddie thanked members for their attendance and encouraged new members to join. Pam stated that the DSHN Fact Sheet and membership applications were available at the registration table for those interested in joining DSHN. Eddie turned meeting over to new chair, Sharon Nelson. Sharon thanked and presented Eddie with a plaque for his service as DSHN Chair and Vice Chair positions for 2006-2007. Committees, Educational Initiatives, AC Campaign Updates & Members Pre-submitted Announcements: Pam announced to members and guests to read the ~DSH Network News!~ Winter Issue in packet for updates and announcements.	❖ If interested in joining DSHN, contact Pam Sampson at 909-387-9144, psampson@dph.sbcounty.gov or Josette Quinn at 951-358-5985, jharris@co.riverside.ca.us ❖ Pam to email ~DSH Network News!~ Winter Issue to all members

<p>Member & Guest Announcements for Future Events (Cont.)</p>	<p>Upcoming Events & Announcements:</p> <p>Aileen Orlino Kids Fitness Challenge April 26 at the California Speedway Volunteers needed. Family Fitness Day May 31, 2008 at Walnut Elementary School. Volunteers needed. Farmer's Market Wednesdays from June 4 - Aug. 27 from 5pm-8:30pm at the Chino Civic Center.</p> <p>Bob Knight Celebrate Citrus Inland Orange Conservancy Opening Event April 12, 2008, 11am-4pm</p> <p>Diane Wayne <i>Colon Caner - It's Preventable: A Roundtable Discussion on Prevention and Early Detection for African Americans</i> March 22 from 10:30am-2:30pm at Kaiser Permanente Medical Center</p> <p>Glenda Martin-Robinson Amazing Family (or Friend) Race April 19, 7am at the Phoenix Community Center, \$40.00 per team. . The Sixth Annual 5k/10k Run or 5K Community Walk & Mayor's Mile May 18, 7am at the Arrowhead Stadium.</p> <p>Jeanne Silberstein Brenda Parker, <i>Network for a Healthy California—Desert Sierra Region</i> Champion Mom and DSHN member was awarded the first 2008 Champion for Change award in front of 800 <i>Network</i> partners & supporters during the <i>Network's</i> Annual Conference! Brenda was recognized for being a true Champion for Change and for her dedication to empowering others to make healthy changes. Cancer Prevention Study-3 Purpose: To better understand ways to prevent cancer Eligibility: Anyone who is between the ages of 30-65, has never been diagnosed with cancer and is willing to make a long-term commitment to the study, which involves competing periodic follow-up surveys. All members who qualify are encouraged to join. Enrollment is a two phase process: Home and at the Relay for Life event on April 12, 10:30am-2:30pm at Los Osos High School in Alta Loma or on May 3, 10ammm-2pm at the Beaumont Sports Park in Beaumont.</p> <p>Dana Colbert Sister to Sister National Women's Heart Day Fair Feb. 28, 11:30am at Century Park in LA.</p> <p>Josette Quinn Corrections to taste testing recipe. Correct name is <i>Spinach & Corn Casserole</i>, not <i>Spinach & Casserole Dip</i>.</p> <p>Leticia Salazar Allen <i>Network for a Healthy California—Latino Campaign</i> will be meeting after today's DSHN meeting.</p> <p>Marci Aguirre The <i>Healthy Kids: Health Care Coverage for Children</i> program brochures are available.</p>	<p>❖For information or to volunteer, see flyers, or contact Aileen at 909-590-5567, aorlino@cityofchino.org</p> <p>❖Visit the website at http://www.inlandorange.org/ or contact Bob at 909-794-4484, inlandorange@hotmail.com</p> <p>❖For information or to register, contact Diane at 951-358-5890, dwayne@co.riverside.ca.us</p> <p>❖Contact Glenda at 909-384-5332, robinson_gl@ci.san-bernardino.ca.us</p> <p>❖Visit the Champion for Change website at http://www.cachampionsforchange.net/en/HeroMoms.php for more information</p> <p>❖For information on Study, Relay or alternate dates and sites, please see brochure, call 1-888-604-5888, email cps3@cancer.org, or visit the website at www.cancer.org/cps3</p> <p>❖Contact Dana Colbert at 213-291-7060, Dana.Colbert@heart.org</p> <p>❖For information on the campaign, contact Leticia at 909-387-6851 or lsalazar@dph.sbcounty.gov</p> <p>❖For information or to order brochures, contact Marci at 909-890-2760, Aguirre-m@iehp.org</p>
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	<p>Melodee Lopez Free interactive video web-cast training sponsored by Iowa State University. <i>Nutrition Education: What Works?</i> April 17 from 7am-2pm at the San Bernardino Co. DPH, 6th Floor Conf. room. <i>Making Change Matter: Maximizing the Health Impact of the New WIC Foods</i> April 7, 2008 in Los Angeles.</p> <p>Ninfa Delgado Heart Healthy Dinner February 27, 2008 & February 28, 2008 in Riverside. Annual Community Fair & Easter Egg Hunt March 15th in Riverside. This And That - Teen Clinic Arlanza Family Health Center & Eastside Health Center. For males & females through ages 19. Confidential and no cost.</p>	<p>❖Contact Melodee at 909-387-6318, mlopez@dph.sbcounty.gov</p> <p>❖Pam to email WIC information to DSHN members</p> <p>❖For information, see flyers or contact Ninfa at 951-788-3471, ninfa@rchf.org</p> <p>❖Attending members to email Pam their announcements who will share via email to all members immediately</p>
Next Meeting Date, Evaluations & Thank You	Sharon thanked members for attending. Members were reminded to fill out evaluation forms. Meeting adjourned by Sharon Nelson, Chair, at 1:45pm.	❖Next DSHN meeting date is scheduled for Friday, May 30, 2008 from 11:15am-1:30pm in Rialto

Fifty-Two in Attendance - 44 Members & 8 Guests

(None were in attendance via conference line)

Allen, Leticia Salazar – San Bernardino County DPH/*Network for a Healthy California/Latino Campaign*
Briggs, Jennifer - American Cancer Society
Burnett, Traci - City of San Bernardino/Parks & Recreation
Colbert, Dana - American Heart Association
Conkey, Tracy - Dairy Council of California
Corral, Melinda - Building A Generation
Delgado, Ninfa - Riverside Community Health Foundation
DeLuna, Maria - Riverside County Public Health/Nutrition Services
de Silva, Paula - San Bernardino County DPH/Food Security Program
Dhason, Melani - SB County DPH/*Network for a Healthy California/Children's PowerPlay! Campaign*
Donald, Andrea - Riverside County Dept. of Public Health/*Children's PowerPlay! Campaign*
Dub, Peggy - St. Francis Episcopal Church
Evans, Kismet - Young Visionaries Youth Leadership Academy
Flati, Beckie Morre- American Cancer Society/Border Sierra Region North
Ganthavorn, Chutima - UC Cooperative Extension Riverside County
Gavilanes, Leticia - City of Montclair
Guichard, Elisa - San Bernardino County DPH/Project LEAN
Haag, Monica - San Bernardino County DPH/CHDP/Childhood Lead Poisoning Prevention Program
Haugh, Erin - San Bernardino County DPH/You CAN! Program
Henry, Teslyn - San Bernardino County DPH/FAME Program
Hoxter, Gayle - Riverside County DPH/Nutrition Services
Knight, Bob - Inland Orange Conservancy
Limon, Claudia - Riverside County DPH/*Network for a Healthy California/Latino Campaign*
Lopez, Melodee - San Bernardino County DPH/*Network*
Martindale, Rev. Bronica – SB County DPH/FAME Program & CA Gardens Neighborhood Cluster Association
Martinez, Eddie - Desert Sierra Health Network

Glenda Martin-Robinson - City of San Bernardino Park & Recreation Community
Mazhar, Wajeeha - San Bernardino County DPH
Medina, Maureen - San Bernardino County DPH/*Network for a Healthy California/Latino Campaign*
Mickens, Astrid - San Bernardino County DPH/*Network for a Healthy California/African American Campaign*
Mortimore, Julie - San Bernardino County DPH/*Network Media Advocacy*
Nelson, Sharon - American Cancer Society
Orlino, Aileen - City of Chino
Parker, Brenda - *Network for a Healthy California*
Prouty, William - Global Economic & Workforce Development Coalition
Quinn, Josette - Riverside County DPH/DSHN
Qureshi, Durreen - Riverside County DPH/DSHN
Sampson, Pamela - San Bernardino DPH/DSHN
Silberstein, Jeanne - San Bernardino DPH/Nutrition Program
Taylor, Rodney - Riverside Unified School District
Wayne, Diane - Riverside County DPH/*Network*
Wynn, Vicki - Riverside County DPH/*Network*
Zavala, Florentina - Riverside County DPH

State Representative

Magrann, Susan - CA Dept. of Public Health/CPNS/*Network*

Guests

Aguirre, Marci - IEHP
Comeaux, Valerie - Riverside County Dept. Public Health
D'Antuono, Dane - City of Chino
Grable, Larry - Governor's Office
Phelps, Kelly - City of Colton
Schroeder, Tracy - City of Montclair
Tafoya, Reme - Reach Out West End
Tate, David - Health & Wellness Program